

The Jonesi Consultancy | Houston, TX

AI LITERACY · EVERYDAY USE HANDOUT

THE CHECK FRAMEWORK



Human-In-The-Loop Verification For Every AI Response

A five-step verification discipline you run on every meaningful AI response before you act on it.

Every LLM, no matter how capable, will occasionally produce wrong information with total confidence; that is not a defect to be patched in the next version, it is a property of how these systems work. Your job as the human in the loop is to catch the errors before they ship. CHECK gives you a fast, repeatable way to do that in under sixty seconds.

RUN CHECK WHENEVER

The output will inform a decision, leave your inbox, reach a client, or get treated as fact – the moments where a confident-sounding hallucination would cost you something real.

C Claims

Identify and list every factual claim the response makes: statistics, dates, names, attributions, definitions, recommendations stated as fact. You cannot verify what you have not noticed.

ASK YOURSELF

- What specific facts, numbers, or assertions is this response making?
- Which sentences would I have to defend if someone challenged them?
- Am I treating any opinions or generalizations as if they were facts?

H Hallucinations

Inspect each claim for fabrication risk. LLMs hallucinate most often around specifics: cited sources, statistics, quotations, proper names, dates, URLs, legal or regulatory details, and anything outside the model's training window.

ASK YOURSELF

- Could the model have invented this citation, statistic, or source?
- Does this URL, study, or quotation *actually* exist when I search for it?
- Are the names, dates, and numbers verifiable in a trusted source?

E Errors in Reasoning

Audit the logic. Confident-sounding prose can hide broken inferences, skipped steps, or conclusions that do not follow from their premises. Read the response as a skeptical reviewer, not a passive reader.

ASK YOURSELF

- Does step three *actually follow* from step two, or did the model skip a link?
- Is the conclusion supported by the evidence presented, or by assertion alone?
- If I challenged the central claim, which part of the argument would collapse first?

C Context

Ask whether the model had what it needed to answer well. Missing context is a leading cause of confidently wrong output. The model fills the gap with plausible guesses unless you supplied the specifics.

ASK YOURSELF

- Did I give the model the documents, constraints, audience, or background it needed?
- Is the response generic where *it should* be specific to my situation?
- What did the model assume that I should have told it explicitly?

K Knowledge Gaps

Account for what the model cannot know. This includes events after the training cutoff, your organization's internal practices, your industry's quirks, current pricing or policy, and anything proprietary or recent.

ASK YOURSELF

- Is this information time-sensitive, and is the model likely working from stale data?
- Could my industry, region, or organization handle this differently than the generic answer?
- What would a human expert in this domain catch that the model would miss?

CHECK pairs with CRAFT: better prompts in, verified answers out. CRAFT and CHECK are widely-used community mnemonics. The Jonesi Consultancy teaches and applies them as part of its AI integration practice.

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Better prompts in, verified answers out.

Run CHECK on every AI response before you act on it.

